

## I. Introduction

Let us give thanks for God's grace in granting us the year 2026.

In 2026, let us move forward toward a new life and new opportunities with a faith filled with thanksgiving.

## II. Main Body

### 1. What should be the attitude of believers living in a sinful world?

Scripture teaches us to make the most of our time in this evil world (vv. 15-16).

We are instructed not to live according to the futility of the world, but to live in the truth (4:17ff).

### 2. Practical steps for following the will of the Lord

First, do not get drunk with wine, but be filled with the Holy Spirit (v. 18).

Second, sing and make music to the Lord with your heart (v. 19).

Third, always give thanks to God the Father for everything (v. 20).

### 3. Living with a thankful heart is God's will (vv. 17, 20; 1 Thessalonians 5:18)

### 4. Thanksgiving enriches our prayer life (Philippians 4:6)

Jesus' prayer of thanksgiving (John 11:41)

Prayers offered with faith and thanksgiving bring answers:

"Now faith is the assurance of things hoped for, the evidence of things not seen"

(Hebrews 11:1).

Thanksgiving is the vessel that receives grace.

## III. Conclusion

A thankful person grows strong in faith; a thankful person is not easily tempted by Satan.

The wisest person in the world is one who keeps learning.

The strongest person in the world is one who overcomes himself.

The happiest person in the world is a thankful person.

**Bible  
Memori-  
zation**

**A VERSE FOR THIS WEEK**

“Therefore do not be foolish, but understand what the will of the Lord is.”  
(Ephesians 5:17, ESV)

**Bible  
Reading**

1/19(Mon)	1/20(Tue)	1/21(Wed)	1/22(Thur)	1/23(Fri)	1/24(Sat)	1/25(Sun)
Genesis 25-27	Genesis 28-30	Genesis 31	Genesis 32-34	Genesis 35-37	Genesis 38-40	Genesis 41-42

**QT**

**Quiet Time Passage**

1/19(Mon)	1/20(Tue)	1/21(Wed)	1/22(Thur)	1/23(Fri)	1/24(Sat)	1/25(Sun)
Matthew 4:12-25	Matthew 5:1-16	Matthew 5:17-26	Matthew 5:27-37	Matthew 5:38-48	Matthew 6:1-15	Matthew 6:16-24

**Sharing  
Questions**

1. From today's sermon, please share one thing that especially blessed you or gave you a new insight.
2. Please share something you are thankful for from 2025 and something you hope for in 2026.
3. What is one practical action you want to practice in your life in order to live according to the Lord's will?